

Ref.No. 21510/E1(5)/2020.

Director of Medical Education,  
Kilpauk, Chennai – 600 010.

Dated : .03.2020.

Sub: Tamil Nadu Medical Services – COVID-19 Pandemic –  
Preparedness – Certain Instruction issued – Regarding.

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In view of increasing cases of suspected Corona virus infections across the state, the community transmission is anticipated in forth coming weeks. As all the cases are being admitted and taken care in Government Medical Institutions, the medical and paramedical staff working in Government Medical Institutions are more likely to get exposed to suspected Corona Virus infection and they are expected being first line victims for community transmission of corona virus infection.

It is essential to have reserve working force in Government health institution to ensure an uninterrupted medical care services to public in general as well as persons with suspected corona virus infection.

Hence it has been decided to keep one third of workforce in all categories of staff ranging from senior doctors, staff nurses to basic servants of Government Medical institutions under reserve by way of practicing self imposed quarantine at Home for one week in rotation.

**Instructions to be followed for practicing self imposed quarantine :**

1. One third of the Medical officers in each speciality may be allowed to practice compulsory self imposed quarantine at Home for one week with immediate effect from 24.03.2020 in rotation
2. The name list of medical officers who are on self quarantine and who are on duty should be prepared by the Dean/ Head of Institutions and circulated to

concerned medical officers immediately as well as this Directorate through mail id [dmee3section@gmail.com](mailto:dmee3section@gmail.com)

3. All Medical officers should follow the schedule as issued by Dean / Head of the institutions.
4. Medical officers who are in self quarantine should stay in the headquarters and available for duty at any point of time. Their mobile should be accessible
5. The Medical officers who have been practicing self quarantine shall not themselves engage in any private practice during this leave period and shall not get exposed to community transmission of corona virus infection by mingling with general population.
6. This self imposed quarantine period shall be treated as “On Duty”.
7. The Medical officers who are on quarantine should report duty immediately after the completion quarantine period. If the medical officer fails to report duty on expected date, the quarantine period will not be considered as “On Duty” and necessary disciplinary action will be initiated against the Medical Officer concerned.
8. If any speciality/ superspeciality is having less than three doctors in their roll, they can be clubbed to respective broad specialties while preparing name list of Medical Officers for self quarantine.

The Deans /Heads of Institutions are further requested to prepare appropriate action plan for Post Graduates and CRRIs as well as all other categories of staff under their control in the similar line.

The action taken report should be furnished to this Directorate at the earliest.

R.Narayanababu  
Director of Medical Education(FAC)

To

All the Deans of Medical College & Hospitals and HoI under this Directorate.

Copy submitted to:

The Secretary to Government, Health and Family Welfare Department, Secretariat,  
Chennai.

The Special PA to Hon'ble Health Minister, Secretariat, Chennai